

## The New York State Physical Education Learning Standards

**STANDARD 1.** Demonstrates competency in a variety of motor skills and movement patterns.

Sports Skills and Games	Dance Movement and Rhythmic Activities	Fitness Activities	Lifetime Activities
<b>NY.S1.1.7</b> Demonstrates mature forms of specialized skills in a variety of games and sports.	<b>NY.S1.2.7</b> Demonstrates mature forms of specialized skills in a dance, movement, and rhythmic activities.	<b>NY.S1.3.7</b> Demonstrates mature forms of specialized skills in a variety of physical activities.	<b>NY.S1.4.7</b> Demonstrates mature forms of specialized skills in lifetime activities.
<b>NY.S1.1.8</b> Demonstrates mature forms of specialized skills in a variety of games and sports.	<b>NY.S1.2.8</b> Demonstrates mature forms of specialized skills in a dance, movement, and rhythmic activities.	<b>NY.S1.3.8</b> Demonstrates mature forms of specialized skills in a variety of physical activities.	<b>NY.S1.4.8</b> Demonstrates mature forms of specialized skills in lifetime activities.

**STANDARD 2.** Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Movement Concepts	Strategies and Tactics
<b>NY.S2.1.7</b> Applies movement concepts, locomotor and/or manipulative skills in a variety of physical activities.	<b>NY.S2.2.7</b> Applies maturing forms of strategies, tactics and communication independently in small-sided game play and other physical activities.
<b>NY.S2.1.8</b> Applies movement concepts, locomotor and/or manipulative skills in a variety of physical activities.	<b>NY.S2.2.8</b> Applies maturing forms of strategies, tactics and communication independently in small-sided game play and other physical activities.

**STANDARD 3.** Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

Fitness Activities	Additional Health Enhancing Behaviors
<b>NY.S3.1.7</b> Applies the FITT principle to one health-related component of fitness.	<b>NY.S3.2.7</b> Applies strategies to improve health-enhancing behaviors.
<b>NY.S3.1.8</b> Applies the FITT principle to more than one health-related component of fitness.	<b>NY.S3.2.8</b> Evaluates the application of personal habits and strategies related to health-enhancing behaviors.

**STANDARD 4.** Exhibits responsible personal and social behavior that respects self and others.

Self-Awareness and Management	Social Awareness and Relationship Skills	Responsible Decision Making
<b>NY.S4.1.7</b> Responds appropriately to corrective feedback in physical activity settings.	<b>NY.S4.2.7</b> Demonstrates civility by cooperating with classmates in physical activity settings.	<b>NY.S4.3.7</b> Applies problem solving skills and conflict resolution tactics in a physical activity setting.
<b>NY.S4.1.8</b> Applies rules and etiquette while accepting responsibility for individual improvement in physical activity settings.	<b>NY.S4.2.8</b> Demonstrates citizenship by respecting for diversity and including others in physical activity settings.	<b>NY.S4.3.8</b> Evaluates problem solving skills and conflict resolution tactics in a physical activity setting.

NYS Performance Indicators 7 <sup>th</sup> Grade	NYS Performance Indicators 8 <sup>th</sup> Grade	Student Learning Objectives (SLO's)	Suggested Activities	Adaptive PE Activities	Cross-Curricular Connections	Assessment
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**STANDARD 5.** Recognizes the value of physical activity for overall wellness, enjoyment, challenge, and/or self-expression.

Overall Wellness	Challenge	Self-Expression/Enjoyment
<b>NY.S5.1.7</b> Identifies mental and emotional benefits of participation in a variety of physical activities.	<b>NY.S5.2.7</b> Creates strategies and solutions when presented with a group physical activity challenge.	<b>NY.S5.3.7</b> Describes the relationship between self-expression and enjoyment through a variety of physical activities.
<b>NY.S5.1.8</b> Explains the connections between fitness and overall wellness.	<b>NY.S5.2.8</b> Evaluates strategies and solutions when presented with a group physical activity challenge.	<b>NY.S5.3.8</b> Describes how enjoyment could be increased in self-selected physical activities

**STANDARD 6.** Recognizes career opportunities and manages personal and community resources related to physical activity and fitness to achieve and maintain overall wellness.

Personal and Community Resources	Careers
<b>NY.S6.1.7</b> Identifies supports and barriers related to personal and community resources that can impact participation in physical activity.	<b>NY.S6.2.7</b> Compares and contrasts career options related to physical activity and fitness.
<b>NY.S6.1.8</b> Designs a physical activity outline that includes personal and community resources, supports, and overcomes barriers.	<b>NY.S6.2.8</b> Evaluates personal attributes as they relate to career options to physical activity and fitness.

Individual Sports	Team Sports	Backyard Games
Aquatics Badminton Bowling Dance Pickleball Track (Power walking, X-Country) Weight Training Yoga/Pilates/Aerobics Karate/Self Defense	Baseball/Softball/Wiffleball Basketball Floor Hockey Football Handball Lacrosse Soccer Volleyball	4 Square KanJam Cornhole Corporative Games Dodgeball Kickball King of the Gym Ultimate Frisbee Spike Ball

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<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>• Fitness Activities NY.S1.3.7</li> <li>• Lifetime Activities NY.S1.4.7</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.7</li> </ul> <p><b>NYS Standard 3</b></p> <ul style="list-style-type: none"> <li>• Fitness Planning NY.S3.1.7</li> <li>• Additional Health-Enhancing Behaviors NY.S3.2.7</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.7</li> <li>• Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.7</li> <li>• Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>• Personal and Community Resources NY.S6.1.7</li> <li>• Careers NY.S6.2.7</li> </ul>	<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>• Fitness Activities NY.S1.3.8</li> <li>• Lifetime Activities NY.S1.4.8</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.8</li> </ul> <p><b>NYS Standard 3</b></p> <ul style="list-style-type: none"> <li>• Fitness Planning NY.S3.1.8</li> <li>• Additional Health-Enhancing Behaviors NY.S3.2.8</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.8</li> <li>• Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.8</li> <li>• Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>• Personal and Community Resources NY.S6.1.8</li> <li>• Careers NY.S6.2.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Improve personal fitness through participation in aerobic, muscular, strength, muscular endurance and flexibility activities.</p> <p>Explain the health-related fitness components (muscular strength, muscular endurance, and stress management)</p> <p>Identify opportunities for participation in aerobic activities in the community.</p> <p>Demonstrate good citizenship, awareness for others' safety, and social responsibilities.</p> <p>Comply with all the rules and expectations of the physical activity that is being studied and facility where activity is being performed.</p>	Aerobics	<ul style="list-style-type: none"> <li>• Use a Chair</li> <li>• Peer Partners</li> <li>• Video</li> </ul>	<p><b>ELA</b></p> <ul style="list-style-type: none"> <li>• Word Wall</li> </ul> <p><b>Science/Health</b></p> <ul style="list-style-type: none"> <li>• Anatomy and Physiology</li> <li>• Effects of exercise on the human body</li> <li>• Disease Control</li> <li>• Treatment and Prevention</li> <li>• Stress Relief</li> <li>• Emotional Relaxation</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Skills Checklist</li> <li>• Participation</li> </ul>
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<b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.7</li> </ul>	<b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.8</li> </ul>	<p>Demonstrate good citizenship, awareness for others' safety, and social responsibilities.</p> <p>Comply with all the rules and expectations of the physical activity that is being studied and facility where activity is being performed.</p>				
<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactics NY.S2.2.8</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Demonstrate and/or explain what the proper grip is when holding a badminton racket and explain the scoring procedures.</p> <p>Demonstrate proper technique for various shots (high clear, low clear, drop shot, smash, and backhand)</p> <p>Demonstrate the proper technique for the serve (deep, short)</p> <p>Recite or describe the rules of the game using proper terms for each position, plays, and equipment.</p> <p>Comply with all the rules and expectations of the physical activity that is being studied and facility where activity is being performed.</p> <p>Demonstrate proper etiquette and good sportsmanship.</p>	Badminton	<ul style="list-style-type: none"> <li>Lower Net</li> <li>Bigger Rackets</li> <li>Light Weight Ball</li> <li>Peer Partners</li> <li>Well Defined Boundaries</li> </ul>	<b>ELA</b> <ul style="list-style-type: none"> <li>Word Wall</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>

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NYS Performance Indicators 7 <sup>th</sup> Grade	NYS Performance Indicators 8 <sup>th</sup> Grade	Student Learning Objectives (SLO's)	Suggested Activities	Adaptive PE Activities	Cross-Curricular Connections	Assessment
<b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul>	<b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul>	<p>Explain principles and strategies that are apply to the learning of track and field events.</p> <p>Demonstrate understanding of the importance of physical fitness through participation.</p> <p>Comply with all the rules and expectations of the physical activity that is being studied and facility where activity is being performed.</p> <p>Demonstrate proper etiquette and good sportsmanship.</p>			<b>Science/Health</b> <ul style="list-style-type: none"> <li>Anatomy and Physiology</li> <li>Effects of exercise on the human body</li> <li>Stress Relief</li> <li>Emotional Relaxation</li> </ul>	
<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Fitness Activities NY.S1.3.7</li> <li>Lifetime Activities NY.S1.4.7</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> </ul> <b>NYS Standard 3</b> <ul style="list-style-type: none"> <li>Fitness Planning NY.S3.1.7</li> <li>Additional Health-Enhancing Behaviors NY.S3.2.7</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Fitness Activities NY.S1.3.8</li> <li>Lifetime Activities NY.S1.4.8</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> </ul> <b>NYS Standard 3</b> <ul style="list-style-type: none"> <li>Fitness Planning NY.S3.1.8</li> <li>Additional Health-Enhancing Behaviors NY.S3.2.8</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Perform the proper grip, body position and breathing for a variety of lifts using either free weights or machines.</p> <p>Describe the FITT principle for muscular strength and muscular endurance</p> <p>Describe and demonstrate the difference between dynamic and static stretches.</p> <p>Comply with all the rules and expectations of the physical activity that is being studied and facility where activity is being performed.</p>	Weight Training	<ul style="list-style-type: none"> <li>Use Light Weight</li> <li>Peer Partners</li> </ul>	<b>ELA</b> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <b>Science/Health</b> <ul style="list-style-type: none"> <li>Anatomy and Physiology</li> <li>Effects of exercise on the human body</li> <li>Disease Control</li> <li>Treatment and Prevention</li> <li>Stress Relief</li> <li>Emotional Relaxation</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>

NYS Performance Indicators 7 <sup>th</sup> Grade	NYS Performance Indicators 8 <sup>th</sup> Grade	Student Learning Objectives (SLO's)	Suggested Activities	Adaptive PE Activities	Cross-Curricular Connections	Assessment
<ul style="list-style-type: none"> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.7</li> <li>Careers NY.S6.2.7</li> </ul>	<ul style="list-style-type: none"> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.8</li> <li>Careers NY.S6.2.8</li> </ul>	Demonstrate proper etiquette and good sportsmanship.				
<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Fitness Activities NY.S1.3.7</li> <li>Lifetime Activities NY.S1.4.7</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> </ul> <b>NYS Standard 3</b> <ul style="list-style-type: none"> <li>Fitness Planning NY.S3.1.7</li> <li>Additional Health-Enhancing Behaviors NY.S3.2.7</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.7</li> <li>Careers NY.S6.2.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Fitness Activities NY.S1.3.8</li> <li>Lifetime Activities NY.S1.4.8</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> </ul> <b>NYS Standard 3</b> <ul style="list-style-type: none"> <li>Fitness Planning NY.S3.1.8</li> <li>Additional Health-Enhancing Behaviors NY.S3.2.8</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.8</li> <li>Careers NY.S6.2.8</li> </ul>	<b>Students will be able to...</b>  Perform correct breathing techniques while performing a Yoga and Pilates sequence with smooth transitions.  Improve personal fitness through participation in yoga, Pilates, muscular strength, muscular endurance, and flexibility activities.  Demonstrate an understanding of health-related fitness components: muscular strength, muscular endurance, and stress management.  Comply with all the rules and expectations of the physical activity that is being studied and facility where activity is being performed.  Demonstrate proper etiquette and good sportsmanship.	Yoga and Pilates	<ul style="list-style-type: none"> <li>Use a Chair</li> <li>Yoga blocks</li> <li>Peer Partners</li> <li>Video</li> </ul>	<b>ELA</b> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <b>Science/Health</b> <ul style="list-style-type: none"> <li>Anatomy and Physiology</li> <li>Effects of exercise on the human body</li> <li>Disease Control</li> <li>Treatment and Prevention</li> <li>Stress Relief</li> <li>Emotional Relaxation</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>
<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Fitness Activities NY.S1.3.7</li> <li>Lifetime Activities NY.S1.4.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Fitness Activities NY.S1.3.8</li> <li>Lifetime Activities NY.S1.4.8</li> </ul>	<b>Students will be able to...</b>  Analyze potentially dangerous situations and implement	Karate and Self Defense	<ul style="list-style-type: none"> <li>Use a Chair</li> <li>Yoga blocks</li> <li>Peer Partners</li> </ul>	<b>ELA</b> <ul style="list-style-type: none"> <li>Word Wall</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>



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<p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.7</li> </ul> <p><b>NYS Standard 3</b></p> <ul style="list-style-type: none"> <li>• Fitness Planning NY.S3.1.7</li> <li>• Additional Health-Enhancing Behaviors NY.S3.2.7</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.7</li> <li>• Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.7</li> <li>• Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>• Personal and Community Resources NY.S6.1.7</li> <li>• Careers NY.S6.2.7</li> </ul>	<p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.8</li> </ul> <p><b>NYS Standard 3</b></p> <ul style="list-style-type: none"> <li>• Fitness Planning NY.S3.1.8</li> <li>• Additional Health-Enhancing Behaviors NY.S3.2.8</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.8</li> <li>• Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.8</li> <li>• Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>• Personal and Community Resources NY.S6.1.8</li> <li>• Careers NY.S6.2.8</li> </ul>	<p>techniques in order to defuse the situation.</p> <p>Demonstrate the proper use of feet and hands as self-defense tools while recognizing proper joint alignment.</p> <p>Perform correct fall techniques as a result of being thrown, pushed or slipping.</p> <p>Comply with all the rules and expectations of the physical activity that is being studied and facility where activity is being performed.</p> <p>Demonstrate proper etiquette and good sportsmanship.</p>		<ul style="list-style-type: none"> <li>• Video</li> </ul>	<p><b>Science/Health</b></p> <ul style="list-style-type: none"> <li>• Anatomy and Physiology</li> <li>• Effects of exercise on the human body</li> <li>• Disease Control</li> <li>• Treatment and Prevention</li> <li>• Stress Relief</li> <li>• Emotional Relaxation</li> </ul>	
<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>• Sports Skills and Games NY.S1.1.7</li> <li>• Fitness Activities NY.S1.3.7</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.7</li> <li>• Strategies and Tactics NY.S2.2.7</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.7</li> <li>• Social Awareness and Relationship Skills NY.S4.2.7</li> </ul>	<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>• Sports Skills and Games NY.S1.1.8</li> <li>• Fitness Activities NY.S1.3.8</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.8</li> <li>• Strategies and Tactic NY.S2.2.8</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.8</li> <li>• Social Awareness and Relationship Skills NY.S4.2.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Demonstrate the basic techniques of throwing, catching, hitting and running in a physical activity setting.</p> <p>Recite or describe the rules of the game using proper terms for each position, plays, and equipment.</p> <p>Comply with all the rules and expectations of the physical activity that is being studied and</p>	Baseball Softball Wiffleball	<ul style="list-style-type: none"> <li>• Lighter bat</li> <li>• Light weight ball</li> <li>• Bigger ball</li> <li>• Shorter distance between bases</li> <li>• More defensive players in the field</li> </ul>	<p><b>ELA</b></p> <ul style="list-style-type: none"> <li>• Writing a lineup card</li> <li>• Word Wall</li> </ul> <p><b>Math</b></p> <ul style="list-style-type: none"> <li>• Keeping Score</li> </ul> <p><b>Science/Health</b></p> <ul style="list-style-type: none"> <li>• Anatomy and Physiology</li> <li>• Effects of exercise on</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Skills Checklist</li> <li>• Participation</li> </ul>

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<b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.7</li> </ul>	<b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.8</li> </ul>	facility where activity is being performed.  Demonstrate proper etiquette and good sportsmanship.			the human body <ul style="list-style-type: none"> <li>Disease Control</li> <li>Treatment and Prevention</li> </ul>	
<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactic NY.S2.2.8</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.8</li> </ul>	<b>Students will be able to...</b>  Perform the six basic basketball skills of running, jumping, passing, catching, dribbling, and shooting in a physical activity setting.  Apply the basic basketball rules, terminology, and safety concerns.  Demonstrate the ability to perform individual offensive/defensive skills and strategies.  Demonstrate proper etiquette and good sportsmanship.	Basketball	<ul style="list-style-type: none"> <li>Lower hoops (If possible)</li> <li>Small court size</li> <li>Well defined boundaries</li> </ul>	<b>ELA</b> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <b>Math</b> <ul style="list-style-type: none"> <li>Keeping Score</li> </ul> <b>Science/Health</b> <ul style="list-style-type: none"> <li>Anatomy and Physiology</li> <li>Effects of exercise on the human body</li> <li>Disease Control</li> <li>Treatment and Prevention</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>
<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> </ul>	<b>Students will be able to...</b>  Demonstrate proper stick handling techniques, proper mechanics for wrist shot, slap shot, receiving the puck, athletic stance for passing, shooting, and	Floor Hockey	<ul style="list-style-type: none"> <li>Bigger net/goal</li> <li>Oversized ball</li> <li>Well defined boundaries</li> </ul>	<b>ELA</b> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <b>Math</b> <ul style="list-style-type: none"> <li>Keeping Score</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>

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<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul>	<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactic NY.S2.2.8</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Demonstrate the basic football skills of passing, catching, blocking, and punting in a physical activity setting. Demonstrate the ability to perform offensive and defensive skills and strategies.</p> <p>Understand and apply basic football rules, terminology, and safety concerns.</p> <p>Demonstrate good sportsmanship, awareness for others' safety, and social responsibility through teamwork.</p>	Football	<ul style="list-style-type: none"> <li>Use a softer and bigger football</li> <li>Well defined boundaries</li> <li>Smaller field size</li> </ul>	<p><b>ELA</b></p> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <p><b>Math</b></p> <ul style="list-style-type: none"> <li>Keeping Score</li> </ul> <p><b>Science/Health</b></p> <ul style="list-style-type: none"> <li>Anatomy and Physiology</li> <li>Effects of exercise on the human body</li> <li>Disease Control</li> <li>Treatment and Prevention</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>

NYS Performance Indicators 7 <sup>th</sup> Grade	NYS Performance Indicators 8 <sup>th</sup> Grade	Student Learning Objectives (SLO's)	Suggested Activities	Adaptive PE Activities	Cross-Curricular Connections	Assessment
<b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.7</li> <li>Careers NY.S6.2.7</li> </ul>	<b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.8</li> <li>Careers NY.S6.2.7</li> </ul>					
<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactic NY.S2.2.8</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul>	<b>Students will be able to...</b>  Perform the basic handball skills of passing, catching, and dribbling, in a physical activity setting.  Understand and apply handball rules, terminology, and safety concerns.  Demonstrate the ability to perform individual and team offensive/defensive skills and strategies.  Demonstrate proper etiquette and good sportsmanship	Handball	<ul style="list-style-type: none"> <li>Use playground ball</li> <li>Well defined boundaries</li> <li>Smaller field size</li> <li>Allow more steps before a player throws the ball to teammate</li> </ul>	<b>ELA</b> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <b>Math</b> <ul style="list-style-type: none"> <li>Keeping Score</li> </ul> <b>Science/Health</b> <ul style="list-style-type: none"> <li>Anatomy and Physiology</li> <li>Effects of exercise on the human body</li> <li>Disease Control</li> <li>Treatment and Prevention</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>
<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactic NY.S2.2.8</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul>	<b>Students will be able to...</b>  Demonstrate the skills of passing, catching, cradling, and scooping a stationary ball with their Lacrosse stick.  Demonstrate shooting against a defensive player with and without a goalie.  Apply offensive and defensive strategies and tactics in a game situation.	Lacrosse	<ul style="list-style-type: none"> <li>Bigger net/goal</li> <li>Oversized ball</li> <li>Well defined boundaries</li> </ul>	<b>ELA</b> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <b>Math</b> <ul style="list-style-type: none"> <li>Keeping Score</li> </ul> <b>Science/Health</b> <ul style="list-style-type: none"> <li>Anatomy and Physiology</li> <li>Effects of exercise on the human body</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>

NYS Performance Indicators 7 <sup>th</sup> Grade	NYS Performance Indicators 8 <sup>th</sup> Grade	Student Learning Objectives (SLO's)	Suggested Activities	Adaptive PE Activities	Cross-Curricular Connections	Assessment
<ul style="list-style-type: none"> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.7</li> </ul>	<p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.8</li> </ul>	<p>Recite the rules of the game using proper terms for each position, play, and equipment.</p> <p>Demonstrate good sportsmanship, awareness for others' safety, and social responsibility through teamwork.</p>			<ul style="list-style-type: none"> <li>Disease Control</li> <li>Treatment and Prevention</li> </ul>	
<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.7</li> </ul>	<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactic NY.S2.2.8</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Understand and apply the rules, terminology, and scoring procedures of soccer.</p> <p>Demonstrate basic skills associated with soccer, including passing, dribbling, juggling, kicking, and heading.</p> <p>Demonstrate the ability to perform individual offensive and defensive skills and strategies.</p> <p>Demonstrate proper etiquette and good sportsmanship.</p>	Soccer	<ul style="list-style-type: none"> <li>Bigger net/goal</li> <li>Oversized ball</li> <li>Well defined boundaries</li> </ul>	<p><b>ELA</b></p> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <p><b>Math</b></p> <ul style="list-style-type: none"> <li>Keeping Score</li> </ul> <p><b>Science/Health</b></p> <ul style="list-style-type: none"> <li>Anatomy and Physiology</li> <li>Effects of exercise on the human body</li> <li>Disease Control</li> <li>Treatment and Prevention</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>
<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul>	<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Understand and apply basic rules (scoring, rotation, net</p>	Volleyball	<ul style="list-style-type: none"> <li>Lower net</li> <li>Oversized ball</li> </ul>	<p><b>ELA</b></p> <ul style="list-style-type: none"> <li>Word Wall</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>

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<p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.7</li> <li>• Strategies and Tactics NY.S2.2.7</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.7</li> <li>• Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.7</li> <li>• Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>• Personal and Community Resources NY.S6.1.7</li> </ul>	<p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.8</li> <li>• Strategies and Tactic NY.S2.2.8</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.8</li> <li>• Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.8</li> <li>• Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>• Personal and Community Resources NY.S6.1.8</li> </ul>	<p>violation; illegal contacts) of a volleyball game.</p> <p>Demonstrate proper ready position and footwork, overhead passing, forearm passing, and serving (underhand and overhand) techniques.</p> <p>Implement offensive and defensive strategies in game play ("pass, set, hit")</p> <p>Demonstrate good sportsmanship, awareness for others' safety, and social responsibility through teamwork.</p>		<ul style="list-style-type: none"> <li>• Well defined boundaries</li> </ul>	<p><b>Math</b></p> <ul style="list-style-type: none"> <li>• Keeping Score</li> </ul> <p><b>Science/Health</b></p> <ul style="list-style-type: none"> <li>• Anatomy and Physiology</li> <li>• Effects of exercise on the human body</li> <li>• Disease Control</li> <li>• Treatment and Prevention</li> </ul>	
<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>• Sports Skills and Games NY.S1.7</li> <li>• Fitness Activities NY.S1.3.7</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.7</li> <li>• Strategies and Tactics NY.S2.2.7</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.7</li> <li>• Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.7</li> <li>• Self-Expression and Enjoyment NY.S5.3.7</li> </ul>	<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>• Sports Skills and Games NY.S1.1.8</li> <li>• Fitness Activities NY.S1.3.8</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.8</li> <li>• Strategies and Tactic NY.S2.2.8</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.8</li> <li>• Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.8</li> <li>• Self-Expression and Enjoyment NY.S5.3.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Recite and apply basic rules of rotation and scoring while using proper terminology.</p> <p>Demonstrate basic skills associated with 4 square, including serving, underhand hitting, and spiking.</p> <p>Demonstrate good sportsmanship, awareness for others' safety, and social responsibility through teamwork.</p>	4 Square	<ul style="list-style-type: none"> <li>• Well defined boundaries</li> <li>• Pair students up by athletic levels</li> </ul>	<p><b>ELA</b></p> <ul style="list-style-type: none"> <li>• Word Wall</li> </ul> <p><b>Math</b></p> <ul style="list-style-type: none"> <li>• Keeping score</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Skills Checklist</li> <li>• Participation</li> </ul>

NYS Performance Indicators 7 <sup>th</sup> Grade	NYS Performance Indicators 8 <sup>th</sup> Grade	Student Learning Objectives (SLO's)	Suggested Activities	Adaptive PE Activities	Cross-Curricular Connections	Assessment
<b>Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactic NY.S2.2.8</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.8</li> </ul>	<b>Students will be able to...</b>  Understand and apply the rules, terminology, and scoring procedures of cornhole.  Demonstrate basic skills associated with cornhole (underhand toss).  Demonstrate the ability to perform individual offensive and defensive skills and strategies.  Demonstrate proper etiquette and good sportsmanship.	Cornhole	<ul style="list-style-type: none"> <li>Place boards closer together</li> <li>Pair students up by athletic levels.</li> <li>Adjust winning score from 21-11</li> </ul>	<b>ELA</b> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <b>Math</b> <ul style="list-style-type: none"> <li>Keeping score</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>
<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactics NY.S2.2.8</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul>	<b>Students will be able to...</b>  Demonstrate movement concepts, locomotor and/or manipulative skills in a variety of activities.  Combine respectful corrective & positive feedback to teammates during gameplay  Demonstrate problem solving skills while working in group activities	Corporate Games	<ul style="list-style-type: none"> <li>Peer Partners</li> <li>Well Defined Boundaries</li> </ul>	<b>ELA</b> <ul style="list-style-type: none"> <li>Journal Writing</li> </ul> <b>SEL</b> <ul style="list-style-type: none"> <li>Team Building Skills</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Participation</li> </ul>



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<ul style="list-style-type: none"> <li>Responsible Decision Making NY.S4.3.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Challenge NY.S5.2.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul>	<ul style="list-style-type: none"> <li>Responsible Decision Making NY.S4.3.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Challenge NY.S5.2.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul>	<p>Evaluate team performance and generates ideas/strategies to create opportunities for success.</p> <p>Compare and contrast the impact of being a quality and negative teammate.</p> <p>Demonstrate good sportsmanship, awareness for others' safety, and social responsibility through teamwork.</p>				
<p><b>Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul>	<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactic NY.S2.2.8</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Demonstrate the basic skills of dodgeball (throwing, catching, and dodging) in an unpredictable, dynamic environment of a game situation.</p> <p>Demonstrate the ability to perform individual offensive and defensive skills and strategies.</p> <p>Apply appropriate rules of the game and follow directions and safety procedures of the gym facility.</p> <p>Demonstrate acceptance of other's skills and ability levels by including everyone and showing good sportsmanship.</p>	Dodgeball	<ul style="list-style-type: none"> <li>Bigger playground balls</li> <li>Well defined boundaries</li> </ul>		<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> <li>Participation</li> </ul>
<p><b>Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul>	<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Demonstrate basic skills associated with KanJam</p>	KanJam	<ul style="list-style-type: none"> <li>Pair students up by</li> </ul>	<p><b>ELA</b></p> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <p><b>Math</b></p>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Skills Checklist</li> </ul>



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<p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.7</li> <li>• Strategies and Tactics NY.S2.2.7</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.7</li> <li>• Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.7</li> <li>• Self-Expression and Enjoyment NY.S5.3.7</li> </ul>	<p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.8</li> <li>• Strategies and Tactic NY.S2.2.8</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.8</li> <li>• Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.8</li> <li>• Self-Expression and Enjoyment NY.S5.3.8</li> </ul>	<p>(throwing a frisbee, assisting their partners frisbee to the designated target).</p> <p>Demonstrate the ability to perform individual offensive and defensive skills and strategies</p> <p>Apply appropriate rules of the game and follow directions and safety procedures of the gym facility.</p> <p>Demonstrate acceptance of other's skills and ability levels by including everyone and showing good sportsmanship.</p>		athletic levels.	<ul style="list-style-type: none"> <li>• Keeping score</li> </ul>	<ul style="list-style-type: none"> <li>• Participation</li> </ul>
<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>• Sports Skills and Games NY.S1.1.7</li> <li>• Fitness Activities NY.S1.3.7</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.7</li> <li>• Strategies and Tactics NY.S2.2.7</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.7</li> <li>• Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.7</li> <li>• Self-Expression and Enjoyment NY.S5.3.7</li> </ul>	<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>• Sports Skills and Games NY.S1.1.8</li> <li>• Fitness Activities NY.S1.3.8</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>• Movement Concepts NY.S2.1.8</li> <li>• Strategies and Tactics NY.S2.2.8</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>• Self-Awareness and Management NY.S4.1.8</li> <li>• Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>• Overall Wellness NY.S5.1.8</li> <li>• Self-Expression and Enjoyment NY.S5.3.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Demonstrate basic skills associated with kickball, including throwing, catching, dodging, kicking, fielding, and running the bases.</p> <p>Demonstrate the ability to perform individual and team offensive and defensive skills and strategies.</p> <p>Apply appropriate rules of the game and follow directions and safety procedures of the gym facility.</p> <p>Demonstrate acceptance of other's skills and ability levels by including everyone and showing good sportsmanship.</p>	Kickball	<ul style="list-style-type: none"> <li>• Shorter distance between bases</li> <li>• More defensive players in the field</li> <li>• Modify ball and strike count</li> <li>• Modify foul balls allowed from kicker</li> </ul>	<p><b>Math</b></p> <ul style="list-style-type: none"> <li>• Keeping score</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher Observation</li> <li>• Participation</li> </ul>

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<b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.7</li> </ul>	<b>NYS Standard 6</b> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.8</li> </ul>					
<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactics NY.S2.2.8</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <b>NYS Standard 5</b> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul>	<b>Students will be able to...</b>  Demonstrate the basic locomotor skills (running, jumping, dodging, and throwing) in an unpredictable game situation.  Demonstrate the ability to perform individual offensive and defensive skills and strategies.  Apply appropriate rules of the game and follow directions and safety procedures of the gym facility.  Demonstrate acceptance of other's skills and ability levels by including everyone and showing good sportsmanship.	King of the Gym	<ul style="list-style-type: none"> <li>Use playground ball</li> <li>Well defined boundaries</li> <li>Smaller field size</li> <li>Allow more steps before a player throws the ball</li> </ul>		<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Participation</li> </ul>
<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> </ul>	<b>NYS Standard 1</b> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <b>NYS Standard 2</b> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactics NY.S2.2.8</li> </ul> <b>NYS Standard 4</b> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> </ul>	<b>Students will be able to...</b>  Perform the basic Ultimate Frisbee skills of passing and catching in a physical activity setting.  Understand and apply ultimate frisbee rules, terminology, and safety concerns.  Demonstrate the ability to perform individual and team	Ultimate Frisbee	<ul style="list-style-type: none"> <li>Well defined boundaries</li> <li>Smaller field size</li> <li>Allow more steps before a player tosses the frisbee to teammate</li> </ul>	<b>ELA</b> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <b>Math</b> <ul style="list-style-type: none"> <li>Keeping score</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Participation</li> <li>Skills Checklist</li> </ul>

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<ul style="list-style-type: none"> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul>	<ul style="list-style-type: none"> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul>	<p>offensive/defensive skills and strategies.</p> <p>Demonstrate proper etiquette and good sportsmanship</p>				
<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.7</li> <li>Fitness Activities NY.S1.3.7</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.7</li> <li>Strategies and Tactics NY.S2.2.7</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.7</li> <li>Social Awareness and Relationship Skills NY.S4.2.7</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.7</li> <li>Self-Expression and Enjoyment NY.S5.3.7</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.7</li> </ul>	<p><b>NYS Standard 1</b></p> <ul style="list-style-type: none"> <li>Sports Skills and Games NY.S1.1.8</li> <li>Fitness Activities NY.S1.3.8</li> </ul> <p><b>NYS Standard 2</b></p> <ul style="list-style-type: none"> <li>Movement Concepts NY.S2.1.8</li> <li>Strategies and Tactics NY.S2.2.8</li> </ul> <p><b>NYS Standard 4</b></p> <ul style="list-style-type: none"> <li>Self-Awareness and Management NY.S4.1.8</li> <li>Social Awareness and Relationship Skills NY.S4.2.8</li> </ul> <p><b>NYS Standard 5</b></p> <ul style="list-style-type: none"> <li>Overall Wellness NY.S5.1.8</li> <li>Self-Expression and Enjoyment NY.S5.3.8</li> </ul> <p><b>NYS Standard 6</b></p> <ul style="list-style-type: none"> <li>Personal and Community Resources NY.S6.1.8</li> </ul>	<p><b>Students will be able to...</b></p> <p>Demonstrate the proper skills and techniques of spikeball (serving, passing, cutting and pivoting.)</p> <p>Understand and apply spikeball rules, terminology, and safety concerns.</p> <p>Demonstrate the ability to perform individual and team offensive/defensive skills and strategies.</p> <p>Demonstrate acceptance of other's skills and ability levels by including everyone and showing good sportsmanship.</p>	Spikeball	<ul style="list-style-type: none"> <li>Peer partners</li> <li>Modify playing time and/or winning score</li> </ul>	<p><b>ELA</b></p> <ul style="list-style-type: none"> <li>Word Wall</li> </ul> <p><b>Math</b></p> <ul style="list-style-type: none"> <li>Keeping score</li> </ul>	<ul style="list-style-type: none"> <li>Teacher Observation</li> <li>Check list</li> <li>Participation</li> </ul>